



Hours:

Thursday through Monday 8am-3pm

*close 1pm Sunday

Closed Tuesday & Wednesday

MENU

Please limit substitutions to zero— we like our combinations and so will you.

Help us keep tidy by recycling and disposing of items in proper places.

BREAKFAST til noon

Morning Glory Oatmeal

apple, raisins, carrots, spices,
brown sugar & oat milk or cream
\$7

Breakfast Panini

eggs & cheddar, homemade bread
\$7.75

ADD: ham, sausage, or spinach &
tomato +\$2

Biscuit Sandwich

buttermilk biscuit, sausage,
cheddar, jalapeno honey \$8.50

Burrito

eggs, potatoes, peppers, onions,
cheddar \$8.50

ADD: chorizo +\$2

jalapeno relish or sour cream \$1.50

Smoothie

fresh flavor every day
yogurt or oat milk \$7

BAKERY

Check out our daily
selection of homemade
pastries, breads & treats!

LUNCH all day

SANDWICHES

Chicken Salad Wrap

signature chicken salad, greens,
apples, raisins, pepitas, flour wrap
\$12

Roast Beef

lettuce, tomato, onion, pickles,
cheddar, horseradish aioli, brioche
\$12

Turkey Sandwich

provolone, red pepper jam, spinach,
tomato, pesto mayo, multigrain bread
\$11.50

PANINIS

Cuban Panini

Ham, roasted pork, swiss, sour pickles,
mustard, herbed foccacia \$12

Caprese Panini

fresh mozz, tomato, pesto, spinach,
balsamic, ciabatta \$10

Grilled Cheese

herb cheese spread, cheddar, asiago,
white bread \$8

ADD: ham, turkey or spinach & tomato
+\$2

SOUP & CHOWDER

Check our board for today's choice.

BEVERAGES

HOT

Coffee by *Coffee By Design*
\$2.50/12 oz \$3.50/16 oz

Tea *Harney & Sons* \$2.50/12 oz

Hot Chocolate \$4.50/12 oz

COLD

Cold Brew Coffee \$4.25/16 oz

Lemon brew \$4.75 Our cold brew
with lemon almond syrup & fizz!

Coffee tonic \$4.75 Our cold brew
with cherry, lime & fizz!

Iced Tea \$3.75/16 oz

Northern Sweet Tea \$4.75
Lightly sweet berry rhubarb tea.

Relax \$4 Invigorating strawberry
lavender fizzy drink!

Boost \$4 Refreshing blueberry
ginger fizzy drink!

BEER & WINE

Ever changing selection of
craft brews and interesting
wines...check our board for
today's selection!

SALADS & BOWLS

House Salad greens, tomato, pepperoncini's, red onion,
kalamata olives, parm, herbed croutons, creamy house
vinaigrette \$11

Flatbread & House Salad daily flatbread topped with
house salad \$12

Chickpea & Cauliflower Bowl arugula, carrot, pickled
red onion, cashews, feta, green goddess dressing \$13

Harvest Bowl super grains, arugula, brussels sprouts,
roasted squash, apple, raisins, pepitas, maple vinaigrette
\$13.50