



Hours:

Wednesday through Monday 8am-3pm

Closed Tuesday

MENU

Please limit substitutions to zero— we like our combinations and so will you.

Help us keep tidy by recycling and disposing of items in proper places.

BREAKFAST til noon

Morning Glory Oatmeal

apple, raisins, carrots, spices,
brown sugar & oat milk or cream
\$7

Breakfast Panini

eggs & cheddar, homemade bread
\$7.50

ADD: ham, sausage, or spinach &
tomato +\$2

Biscuit Sandwich

buttermilk biscuit, sausage,
cheddar, jalapeno honey \$8

Burrito

eggs, potatoes, peppers, onions,
cheddar \$8

ADD: chorizo +\$2

jalapeno relish or sour cream \$1.50

Smoothie

fresh flavor every day
yogurt or oat milk \$7

BAKERY

Check out our daily
selection of homemade
pastries, breads & treats!

LUNCH last order 2:30

SANDWICHES

Chicken Salad Wrap

signature chicken salad, greens,
cucumbers, blueberries, sunflower
seeds, flour wrap \$12

Roast Beef

lettuce, tomato, onion, pickles,
cheddar, pepper relish aioli, brioche
\$12

Ham Sandwich

herb cheese spread, ham, mustard
onions, apples, greens, white bread
\$11

PANINIS

Turkey Panini

brie, blueberry balsamic chutney,
spinach, multigrain bread \$11

Caprese Panini

fresh mozz, tomato, pesto, spinach,
balsamic, ciabatta \$10

Grilled Cheese

herb cheese spread, cheddar, asiago,
white bread \$8

ADD: ham, turkey or spinach & tomato
+\$2

SOUP & CHOWDER

Check our board for today's choice.

BEVERAGES

HOT

Coffee by *Coffee By Design*
\$2.50/12 oz \$3.50/16 oz

Tea *Harney & Sons* \$2.50/12 oz

Hot Chocolate \$4.50/12 oz

COLD

Cold Brew Coffee \$4.25/16 oz

Lemon brew \$4.75 Our cold brew
with lemon almond syrup & fizz!

Coffee tonic \$4.75 Our cold brew
with cherry, lime & fizz!

Iced Tea \$3.75/16 oz

Northern Sweet Tea \$4.75

Lightly sweet berry rhubarb tea.

Relax \$4 Invigorating strawberry
lavender fizzy drink!

Boost \$4 Refreshing blueberry
ginger fizzy drink!

BEER & WINE

Ever changing selection of
craft brews and interesting
wines...check our board for
today's selection!

SALADS & BOWLS

Greek Salad greens, red onion, cukes, banana peppers,
kalamatas olives, tomatoes, feta, house vinaigrette \$12

Super Grain Bowl super grains, blueberries, goat
cheese, cucumbers, sunflower seeds, spinach slaw,
lemon vinaigrette \$13

Caesar mixed greens, croutons, creamy caesar,
parmesan, white anchovies \$11

Mediterranean Bowl artichoke hearts, feta, roasted red
pepper, tomato, kalamata olives, white beans, spinach
slaw, pesto vinaigrette \$13